

Turning a New Leaf

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Bonnie Flemington, MBA, CNP, RNCP is a Certified Nutritionist and speaker. She runs online and corporate group wellness programs, and works with individual clients specializing in balancing weight, hormones and increasing energy levels. Bonnie's great passion is in helping her clients to find realistic, healthy food options that work with their lifestyle and optimize their health. She is also a Wellness Advocate with doTERRA helping others to use essential oils safely to improve their physical and emotional wellbeing.

