

# Turning a New Leaf

**Dr. DENISE HANDSCOMB, ND**

**Naturopathic Doctor and Co-Founder,  
Abaton Integrative Medicine**

Hello! My name is Denise Handscomb. I have been a patient of Naturopathic Medicine for most of my life. It is now my goal to share my experiences, educate and help others gain an understanding of how valuable Naturopathic Medicine is for one's health.

I am a Naturopathic Doctor and Co-Founder of Abaton Integrative Medicine. I graduated from the Canadian College of Naturopathic Medicine (CCNM) after completing a Bachelor of Science; Honours Specialization in Biology and a Minor in Psychology from the University of Western Ontario.

I love spending time with my daughter, Charlotte, my son, Lucas and my husband, Chris. My hobbies include running, photography and I have to admit that I am a bit of a foodie!

I am certified in facial rejuvenation acupuncture and as a Naturopathic Doula. I have further certifications in Environmental Medicine, Fertility and Food and Environmental Sensitivities. I have clinical experience working with men, women, teens, children and babies.

My treatment philosophy is assessing the body as a whole and providing a customized treatment plan that focuses on current health concerns, prevention, lifestyle, diet and overall general health goals. My comprehensive approach to practising means I am able to utilize the various modalities of Naturopathic Medicine, allowing for an individualized treatment protocol.

I am extremely passionate about my work and I am always open to learning and meeting new people. I am an active participant within the Oakville community; often hosting seminars and workshops at local businesses.

I look forward meeting you and accompanying you as you embrace the benefits of leading a holistic and healthy lifestyle.

